

HEALTHY RELATIONSHIPS PROJECT IMPACT REPORT Farnley Academy – West Yorkshire Hub 2020

Evaluation Results

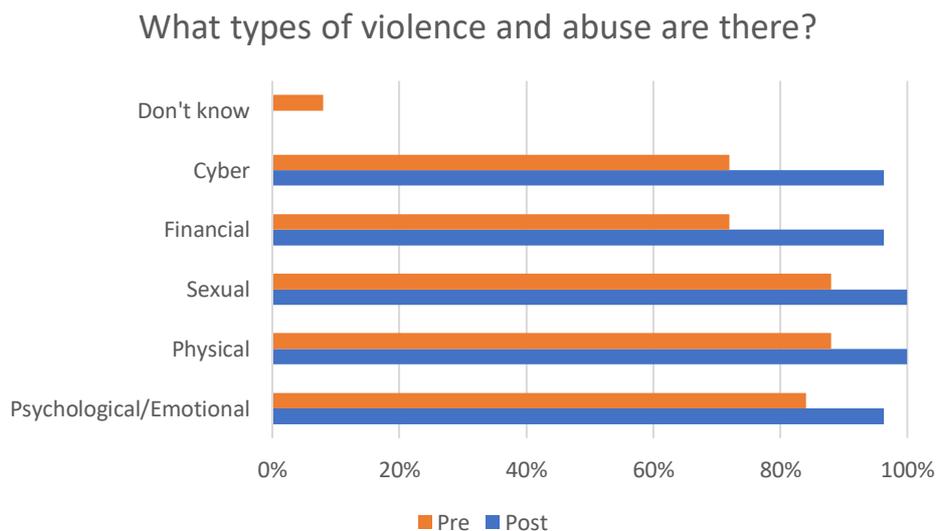
As part of the two-day project Tender delivers, we robustly evaluate the changes in attitude that identify the impact of our work through questionnaires. We also gather information from young people about their understanding of healthy and unhealthy friendships and relationships.

Below is a set of results from this process, highlighting the impact our work had on 27 young leaders from Years 8 and 9 at Farnley Academy, and the response of the audience of young people they shared their learning with via a presentation at the end of the project.

Young Leaders’ Responses

By the end of the project:

- **96%** of young leaders recognised that 16 – 25 year olds are the age group most likely to experience domestic abuse. This is a rise of **52%** from the pre-project questionnaires.
- **96%** of young leaders were able to identify 5 types of violence and abuse. See the below chart to see the difference pre and post project.



Early Warning Signs:

After taking part in the project **84%** of young leaders were able recognise at least 7 early warning signs of an unhealthy relationship.

Victim Blaming and Perpetrator Excusing:

We spent time challenging the excuses a perpetrator might give for being violent or abusive towards their partner. In the pre-project questionnaires **72%** of students felt that a perpetrator could maybe be excused of their behaviour due to a lack of control, though in the post project questionnaires this had dropped to only **15%**. Students were able to understand that violence and abuse is a choice someone actively makes and therefore the responsibility lies solely with the perpetrator of the abuse:



We looked at the difficulties a victim might face in leaving an abusive relationship and challenged some victim blaming attitudes. In the pre-project questionnaires **48%** of students felt that victims who stay in abusive relationships could be partly to blame for the violence, though in the post project questionnaires this had dropped to **26%**.

Below are some of the answers the young leaders gave when explaining why the abuse was not the victims fault:



Seeking Support:

Throughout the project, we focussed on empowering students to identify the qualities and behaviours partners will exhibit in both healthy and unhealthy relationships. We also explored where to seek support and advice with regards to unhealthy or abusive relationships. We asked students **“If a friend of yours was in an abusive/unhealthy relationship with a boyfriend/girlfriend would you feel able to help?”**

By the end of the project, the number of students that answered “Yes” to this question had increased from **48%** to **77%**. Students were encouraged to share how they would support their friends:

“Speak to them and Childline and a teacher.”

Female, Year 9

“I could give them that card we have been given which has information on to help them.”

Female, Year 9

“Tell someone.”

Male, Year 9

“Tell someone with them and support them and give advice.”

Female, Year 9

Young Leaders’ Experience

84% of the young leaders felt that their understanding and knowledge of healthy relationships had grown since taking part in the workshops.

84% of the young leaders felt that after the workshop they had more knowledge about where to seek support or advice for violence in relationships.

92% of the young leaders enjoyed taking part in the project:

“I loved it all!”
Female, Year 9

“I enjoyed being listened to and hearing other people’s opinions.”
Female, Year 9

“I enjoy acting.”
Male, Year 9

“[I liked] using drama to learn serious topics.”
Female, Year 9

“It’s been a fun experience.”
Male, Year 9

“It gave me more understanding.”
Female, Year 9

“It helped a lot and it was fun.”
Female, Year 9

Teacher's Response

Teaching staff also contributed their feedback on the project, noting that the delivery of the project and its content was of an 'excellent' standard and the positive impact they had seen on pupils:

"It opened their eyes to different types of abuse...this was a nice complement to our curriculum."

Leader of Performing Arts

"I don't think they understood or realised [before] that abuse affects so many people's lives."
Teacher

Peer Learner Responses

At the end of the second day the group of young leaders presented a very accomplished sharing of what they had learnt to 255 students from Year 8. The audience completed questionnaires and below is a summary of these findings:

- **70%** of peer learners recognised that women are most likely to become victims of violent relationships. **20%** said that men and women were affected equally which can also be seen as a positive as they recognise that men and boys can also be victims.
- **71%** of the peer learners were able to recognise a range of early warning signs that a partner might become violent or abusive.

90% of peer learners enjoyed watching the presentation and, as a result, **74%** felt more confident in recognising violent or abusive relationships.

It was a pleasure to deliver workshops at Farnley Academy in such a thriving department. Thank you to all the staff and students who made us feel welcome and worked hard to make the project run smoothly.

We do hope we will be able to return to work with Farnley Academy again soon.

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