



Great Yarmouth YOT – Girls’ Group, Norfolk Impact Report – Spring 2019

Evaluation Results

As part of each project Tender delivers, we robustly evaluate the changes in attitude that identify the impact of our work through surveys. We ask the participants, (our young leaders) to complete a questionnaire at both the start and the end of the project. We also gather information from young people about their understanding of healthy and unhealthy relationships.

In the Spring term of 2019, we delivered a Healthy Relationships Project with a girls’ group at Great Yarmouth YOT in Norfolk. The project took place over five two-hour sessions. Below is a set of results from this process, highlighting the impact our work had on the young leaders.

As a result of taking part in the project....

- Participants were asked “People who abuse their girlfriends/boyfriends could control their violence if they wanted to”. Before the project, 50% of participants disagreed with this. After the project, **75%** of participants agreed with this statement.
- **100%** of participants were able to identify as many as eight early warning signs that suggest a relationship could become controlling or abusive.
- **100%** of participants said they felt more confident in dealing with issues around violence and abuse.
- **100%** of participants said they now have more knowledge about where to seek support or advice for violence and abuse in relationships.
- **100%** of participants said they enjoyed being in the workshop/ working with the workshop leaders.

Thank you for hosting the Tender Healthy Relationships project in 2019 – we look forward to working with you again in the future!

Report by Michelle Thompson, Tender Norfolk Hub Coordinator michelle@tender.org.uk